# See Differently. SOCIETY PAREBUSE



# Therapy and Independent **Living Services**



## See Differently

Gain practical skills and strategies to enhance your day with See Differently's Therapy and Independent Living Services. Our experienced Occupational Therapists (OT's) and Orientation and Mobility Instructors (OMI's) will expertly guide you towards achieving your goals if you have low vision or are blind.

Whether you're looking forward to completing a crossword, navigating the local shopping centre, or preparing a 3 course dinner – we'll work alongside you to make it a reality.

### Leading the way

We have the largest team of Vision Specialist OT's, O&M Specialists and Therapy Assistants in South Australia. See Differently's OT's and OMI's undertake ongoing training and assessments to maintain their clinical expertise in the vision sector, providing the highest-level specialist service to our clients. It means you get the very best advice and support to live independently, thrive at work and enjoy life.

# See Therapy and Independent Living Services Differently

No matter your vision condition, mobility needs or age, our team will work with you where you are, at home, work, school or out and about in the community.

#### **Occupational Therapy**

Increase your independence, safety, and ability to participate in what is meaningful to you with support from See Differently OT's.

Our team will provide you with strategies, skills, and equipment to build your capabilities. Occupational Therapists will work to improve your skills and confidence in daily activities; reading the latest magazine article, using your appliances to cook, clean, shop online, or tending to your garden beds.

#### **Orientation and Mobility**

Travel where you want with greater independence with our specialist OMI's by your side. We'll help you to confidently navigate your home surroundings and community.

Gain skills to enhance your freedom – catch a bus to the shops on your own or manage an uneven footpath when walking your dog. Stay connected to or re-discover your community with our mobility experts guiding you!

#### **Our difference**

There are a few things that set our services apart:

#### An amazing team

Our friendly and knowledgeable therapy team is highly experienced in the vision sector, with specialisations including;

Home Modifications (including lighting), Technology trials and training, Life skills programs (Cooking, Shopping, Gardening etc.), Public Transport Training, Working with older people (falls prevention and fighting frailty) and loads more.

#### Vision is our business

See Differently is all about vision. We are South Australia's largest and most experienced low vision service provider and have been working with people with blindness and low vision for nearly 140 years. We appreciate that losing your sight is a uniquely personal experience and every client requires an individual approach.

Our large range of services makes See Differently your destination for all your low vision needs. We'll connect you with the services and resources you need to chart your way forward.

#### One organisation, lots of services

See Differently is your one-stop shop for anyone with low vision. Our services include;

- Occupational Therapy
- · Orientation and Mobility
- Support Coordination
- Counselling
- Support Worker and Volunteer Support Services
- Employment Services
- Guide and Assistance Dog Services
- Optometry
- Technology



#### We're Local

See Differently is proudly South Australian with a number of centres across Adelaide.

We also provide services to our regional communities with regular visits and tele-health options.

To make an appointment or find our more, call today 1300 944 306 or email contact@SeeDifferently.org.au

#### Locations

212 Pirie Street, Adelaide

11 Blacks Road, Gilles Plains

Smithfield | Noarlunga Downs (phone for appointment)



# The vision to imagine what's possible

#### **Find out more**

1300 944 306

contact@SeeDifferently.org.au
SeeDifferently.org.au

